

## Walk and Talk Protocol

**(This is used for the speaker's benefit – to explore how they feel about a topic, or allow them to talk themselves through an issue.) Times can be adjusted to fit the situation.**

- Groups of three walk for half an hour
- During the walk, one person speaks for 10 minutes, the other two listen actively.
- The other two can pose questions, ONLY if the speaker is winding down, and then ONLY to pose questions.
- Open ended questions about the speaker's topic.